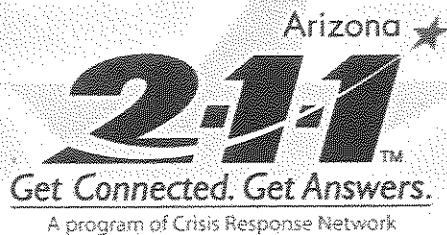


## Help Is Just A Call Away



Did you know that dialing 211 from anywhere in Arizona can connect you to a helpline that offers a wide range of up – to-date programs and services. 211 provides guidance for those in need of health and human services in their community. 211 has been a leading agency in Arizona since 1964 and provides Community Information and Referral Services (CIR) for the following:

- Utility Assistance Programs
- Emergency Food
- Transportation Information
- Rental Assistance Programs
- Medical and Mental Health Services
- Community Services
- Homeless Services
- Volunteering and Donating
- And So Much More...

Visit [WWW.211Arizona.org](http://WWW.211Arizona.org) for more information.