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| **ADVANCE NOTICE: Our next scheduled NAMI Homefront Online Classes will begin in August 2018! Once registration opens, we will post again so you can sign up. Please tell your friends this opportunity is coming so they can also plan toward his healing option for military families.** **NAMI Homefront is** a free, 6-session program for family, friends and significant others of military Service Members and Veterans. The class helps families understand what the Service Member/ Veteran is experiencing related to trauma, combat stress, civilian life transition, PTSD and other mental health conditions.**The program is designed to** help family members understand and support their Service Member/Veteran while maintaining their own well-being. NAMI Homefront leaders have personal experience with mental health conditions impacting their Service Member/ Veteran. The class is free but you are expected to attend all six sessions. You must have access to a laptop, PC or tablet with a stable internet connection to participate. Audio will be telephone, a headset or headphones with mic are recommended.  |

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| Learn more about NAMI Homefront, and other NAMI programs, online at [www.nami.org](https://nami.us14.list-manage.com/track/click?u=5ed5d2d79373961d7c441f5ef&id=d2a82f4a6a&e=6c56370f41), or namieducation@nami.org. **The NAMI Homefront Team** Phone: 703-524-7600 |

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