

The Lake Havasu City Veterans Court Resource Team

RESOURCE GUIDE

The Resource Team is tasked with determining and locating the services needed by veterans in order to help them fulfill their obligations to the Lake Havasu City Veterans Court. These services include but are not limited to:

- CAREGIVING
- CLOTHING
- COUNSELING
- COMMUNITY SERVICE
- CRISIS MANAGEMENT
- DOMESTIC VIOLENCE
- DUI SCREENING
- EMPLOYMENT
- FINANCIAL

- FOOD
- FURNITURE, HOUSEHOLD GOODS
- GRIEF SUPPORT
- HOUSING / REHAB
- LEGAL
- MOBILITY EQUIPMENT
- TRANSPORTATION
- VA CLAIMS

LAKE HAVASU CITY VETERANS COURT Judge Mitchell Kalauli, Presiding 2001 College Drive Lake Havasu City, AZ

This is a community-based effort in support of Lake Havasu City's service members, veterans, and their families, in partnership with the Arizona Department of Veterans' Services and the Arizona Coalition for Military Families

Arizona Department of Veterans' Services logo used with permission



CONTACTS

This Resource Guide is updated by the Lake Havasu City Veterans Court Resource Team.

If you have any questions about the services available for veterans, please contact any of the following:

American Legion Post 81:		
Jack Van Matre	jvanmatre@npgcable.com	928-855-2552
Jill Racheal	jsricheal@npgcable.com	928-855-2552
DAV Chapter 27:		
Bud Watts	bdwtz@aim.com	661-993-8782
Jack Howe	h1881s@yahoo.com	928-208-0802
Marine Corps League Det, 757:		
Kim McCoy	grunt51@npgcable.com	928-846-6675
Frank Blain	fmblain@frontiernet.net	928-505-8674
Russ Mascari	russmascari@gmail.com	928-302-1246
VFW Post 9401:		
Joan McDermott	mcdermott.joan@gmail.com	928-230-4931
Stan Wilkinson	stan37@frontier.com	928-208-7106

This Guide is updated as needed. Because changes in personnel and services change frequently, the Guide is not printed, but electronically shared with individuals and groups that provide services to veterans.

If you would like your organization to be included in this Resource Guide as a service provider, or if you have any additions or corrections to the Resource Guide, contact Judy Lacey at 928-855-8470 or judylaceylhc@gmail.com.

Lake Havasu City Veterans Court Resource Team

RESOURCE GUIDE

(See Directory of Service Providers for details on listed groups, and for contact info)

BENEFITS

American Legion Post 81 Arizona Department of Veterans' Services DAV Chapter 27 Marine Corps League Det. 757 Northern Arizona Veterans Resource Center Vet Center, Lake Havasu City Veterans Angels Veterans United Arizona VFW Post 9401 Vietnam Veterans of America Chapter 975, Mohave County

CAREGIVING SERVICES/RESPITE

A Helping Hand Abrui Care Accent Care Alternate Solutions Caregiver Specialists, Llc At Your Service Home Care Beacon of Hope Hospice **Caring Presence Comfort Keepers** Flower's Caregiving Services Guardian Angel's Home Care Hospice of Havasu Interagency New Horizons Center Private Alternative Care Seniors Helping Seniors Veterans Angels

CLOTHING

Calvary's Closet Goodwill Marine Corps League Det. 757 St. Vincent De Paul Salvation Army Veterans Thrift Veterans United Arizona VFW Post 8401

DOMESTIC VIOLENCE

Colorado Regional Center

Haven Family Resource Center Sally's Place WestCare Arizona Safehouse

DUI SCREENING

WestCare Arizona

EDUCATIONAL

Mohave Community College

EMPLOYMENT

Department of Economic Security (DES) Goodwill Mohave County Community Services New Horizons Center Northern Arizona VA Health Care System One-Stop Career Center Veterans Resource Center

FINANCIAL

American Legion Post 81 American Legion Post 81 Auxiliary DAV Chapter 27 Interagency (utility bills) LHC Military Moms Marine Corps League Det. 757 Salvation Army Veterans Resource Center Veterans United Arizona VFW Post 9401

FOOD

Grace Episcopal Church Interagency Council Lady of the Lake Catholic Church Lakeview Church Marine Corps League Meals on Wheels St. Vincent De Paul Salvation Army Veterans United Arizona

FUNERAL ASSISTANCE

Lake Havasu Mortuary & Crematory Lietz-Fraze Funeral Home

FURNITURE – HOUSEHOLD GOODS

Goodwill St. Vincent de Paul's Salvation Army Veterans Thrift

GRIEF SUPPORT/COUNSELING

American Legion Post 81 Chaplain Beacon of Hope Hospice Hospice of Havasu Marine Corps League Det 757 Chaplain Mohave Community Services Salvation Army Southwest Behavioral Survivors LHC (suicide) VFW Post 9401 Chaplain Vietnam Veterans of America Chapter 975 Chaplain

HEALTHCARE

Northern Arizona VA Health Care System

HOUSING / HOUSING REHAB

Mohave County Housing Authority (also Rehab) Mohave County Community Services Department Anacapa Apartments Becket House Briarwood Green Cactus Project (also Rehab) Havasu Hills Lake View Mohave County Community Services (also Rehab) New Horizons Salvation Army Veterans Resource Center (first & last, security deposit)

Low-Cost Motels: Economy Inn (Acoma & Swanson) Havasu Inn Traveler's Inn – Birch Square Island Inn Motel 6 - Lakeside Knight's Inn (Lake Place Inn)

Low-Cost Apartment Rentals: Londonderry Realty

LABOR

Havasu Classics Car Club Hilltop Community Church

LEGAL

Community Legal Services, Inc. Interagency

MENTAL HEALTH / COUNSELING

Alzheimer's/Dementia Connection of Havasu Jan Williams, M.S.L.P.C. Mohave Mental Health Clinic NAZCARE Salvation Army Southwest Behavioral Health Services Survivors LHC VA Clinics Vet Center Veterans Resource Center

MOBILITY EQUIPMENT

Veterans Thrift

TRANSPORTATION

Angel Wheels to Healing DAV Transportation to Prescott and Phoenix VA Hospitals HAT Veterans Airlift Command

YOUTH SERVICES

American Legion Post 81 Interagency

OTHER RESOURCES

Green Cactus Project Home Depot Lowe's Social Security Benefit for Veterans Veterans Stand Down WACOG

DIRECTORY OF SERVICE PROVIDERS

A HELPING HAND

928-208-5167 Non-medical in home care provider for seniors and disabled adults. Services: personal care, medication reminders, meal preparation, light housekeeping, companionship care, escorted transportation and shopping trips (locally).

ABRUI CARE

877-454-9717 Home care services in LHC, but no local office

ACCENT CARE

928-753-2462 888-830-3165 Home care services in LHC, but no local office

ALTERNATE SOLUTIONS CAREGIVER SPECIALISTS, LLC

928-230-9811 Personal, home and companion care, cleaning, errands, appointments and more.

ALZHEIMER'S/DEMENTIA CONNECTION OF HAVASU

928-855-6000 c/o Community Presbyterian Church 3450 Chemehuevi Blvd., Lake Havasu City AZ 86406 adconnectionofhavasu@gmail.com

Provides education, resources, and support to individuals, loved ones, caregivers, and professionals affected by Alzheimer's or dementia. Dedicated volunteers facilitate support groups and roundtable discussions. Offers coping skills. Resource information for medical referrals, assisted living, and home health-care organizations.

AMERICAN LEGION POST 81

928-855-2552
181 Paseo Del Sol, Lake Havasu City, AZ 86403
Jack Van Matre 928-706-5011 jvanmatre@npgcable.com
Provides assistance to veterans in need. Veterans Service Officers help with VA benefits

ANGEL WHEELS TO HEALING (ANGEL BUS)

Admin. Phone: 757-333-0084 4620 Haygood Road, Ste. 1, Virginia Beach, VA 23455 Patients Needing Help Call 1-800-768-0238 Request help form on website <u>http://www.angelwheels.org/passengers/qualifying-for-angel-bus</u> Provides charitable ground transportation to patients in need. To qualify for assistance by Angel Bus® passengers must:

- 1. Have financial need for assistance
- 2. Be medically cleared to travel
- 3. Be ambulatory and able to get in and out of a vehicle with little or no assistance
- 4. Not require medical care en route.
- 5. Not have a communicable disease

Angel Bus passengers may be of any age, whether a child requiring access to medical treatment in another area of the country or an adult requiring travel for specialized treatment at a distant location.

Angel Bus utilizes the following resources for assisting patients:

- Gas Cards (We will often provide gas cards to help offset fuel cost for patients)
- Commercial ground transportation (AMTRAK, Greyhound, Trailways, etc.)
- Volunteer drivers (We currently have approximately 90 drivers throughout the continental US)

ARIZONA ATTORNEY GENERAL

800-352-8431 www.azag.gov

ARIZONA DEPARTMENT OF VETERANS' SERVICES

The Arizona Department of Veterans Services assists Arizona veterans and their dependents in receiving all their federal and state benefits, and delivers quality services at our Arizona State Veteran Home located in Phoenix and our Southern Arizona Veterans Memorial Cemetery in Sierra Vista.

VA Benefit Counselors:

Lake Havasu City Phone: (928)505-4616 or 1-800-852- 8387 Fax: (928)505-4622 E-mail: <u>aporome@azdvs.gov</u> Aisha Porome 2160 McCulloch Blvd. N., Suite 105 Lake Havasu City, AZ 86403

Kingman

Phone: (928)718-7621 or 1-800-852:8387 Fax: (928)753-6746 E-mail: mdoyle@azdvs.gov Mark E. Doyle 2301 Harrison St. Kingman, AZ 86401 Kingman Area Employment Service Vet Rep: Connie Hall (928)753-4333

Bullhead City

Phone: (928)763-9401 or 1-800-852-8387 Fax: (928)763-9424 E-mail: <u>khewett@azdvs.gov</u> 2249 Clearwater Drive, Suite A Bullhead City, AZ 86442 Ken Hewett

AT YOUR SERVICE HOME CARE & MEDICAL SUPPLY (ROSE OF SHARON) 928-855-8655 / 928-846-3512 2125 N McCulloch Blvd #B, Lake Havasu City, AZ Hospital discharge assistance, customized care, outpatient services, hospital bed rental, child care, personal assistance, errands & appointments, meal preparation, transportation to appointments, new mom care, companionship, light housekeeping

BEACON OF HOPE HOSPICE

928-854-4200

599 N Lake Havasu Ave, Unit B 106, Lake Havasu City, AZ

Provides services to patients in their homes, nursing homes, or assisted living facilities. We also provide a period of respite for the family. All services related to a terminal illness are covered fully by Medicare & Medicaid, and most insurances.

Skilled nursing, nurse practitioner, specialty palliative care physician management, home health aides, social work services, spiritual care, nutritional counseling, bereavement counselor services, speech, occupational and physical therapies, volunteer support services, in home hospice care, respite care, inpatient care, continuous home care, and "crisis care"

CALVARY'S CLOSET

928-230-3113
2265 Swanson Ave. #B, Lake Havasu City, AZ 86403
Every Tuesday 2 p.m. – 6 p.m.
Second Saturday 10 a.m. – 4 p.m.
Program of Calvary Baptist Church. New and used men's clothes, women's clothes, children's and teen's clothes, business professional clothes, and shoes. No proof of need is required.

CARING PRESENCE

866-771-0701 / 928-854-7878

info@caringpresence.com

1024 Willow Creek Road, Suite B, Prescott, AZ 86301

Light housekeeping, meals, Alzheimer's Patient Care, transportation, respite care, personal care, grocery shopping, house sitting, child care.

COLORADO RIVER REGIONAL CRISIS SERVICES (Parker Domestic Violence Shelter)

928-669-0107

888-499-0911

1301 S Joshua Ave, Parker, AZ 85344

Provides a safe and confidential shelter, meals, daily essentials and 24/7 personal advocacy for women and their children in crisis. Families will receive one-on-one advocacy, support, safety planning, education, help and housing, employment and other community resources.

COMFORT KEEPERS

928-855-0005 or 866-757-0005 lakehavasuaz@comfortkeepers.com

www.comfortkeepers.com

387 Lake Havasu Ave S, Ste 102, Lake Havasu City, AZ

In-Home Services: Companionship, Meal Preparation, Incidental Transportation, Light Housekeeping, Grocery Shopping, 24-Hour Care Available, Emergency Monitoring, Bathing & Grooming, Mobility, Transferring & Positioning, Incontinence Care, Medication Reminders, Feeding, Oral Hygiene. Respite Care, Alzheimer's/Dementia Care. Free In-Home Consultation.

COMMUNITY LEGAL SERVICES, INC.

Mohave/La Paz Counties

1720 E. Beverly Ave, Suite A, Kingman, AZ 86409 928-681-1177 800-255-9031

Provides high-quality legal advice, assistance and/or direct representation in certain civil matters to indigent and low-income individuals and families.

Community Legal Services serves families, individuals, the disabled, and those suffering from mental illness.

Offers self-help measures, including clinics, workshops, and Community Outreach and Education programs (C.O.R.E.)

DAV Chapter 27

2001 College Drive, Lake Havasu City, AZ 86403 (Mohave County building) 928-855-0356

Bud Watts, Commander – 661-993-8782 BDWTZ@aim.com

Jack Howe, Sr. Vice Commander 928-208-0802 h1881s@yahoo.com

Two Veterans Service Officers assist with VA claims.

DAV Vans provide transportation to Prescott and Phoenix VA Hospitals

928-855-0356 (from 9:30 a.m. to 1 p.m.)

DAV vans travel to Phoenix Mondays, Wednesdays, and Fridays and to Prescott on Tuesdays, Wednesdays, and Thursdays. Vans leave at 4 a.m.

DEPARTMENT OF ECONOMIC SECURITY (DES)

928-854-0300

228 London Bridge Rd., Lake Havasu City

Arizona Veterans Employment Advocate: Johnny Valdez. In Havasu on Wednesdays: 928-854-0350. (Bullhead 928-763-4154)

Connie Hall <u>chall3@azdes.gov</u>

- Provides Short Term Crisis Services (STCS): The STCS program provides temporary assistance to low income households experiencing an emergency situation.
- Child Support Enforcement
- Child Protective Services 928-854-0315; to make a report 888-767-2445
- Adult Protective Services 928-854-0340; to make a report 877-767-2385
- Food program 928-965-0300
- Unemployment benefits
- Social Security Disability
- Job services 928-854-0350
- Job program 928-854-0310
- Vocational Rehabilitation Services 928-854-0377
- Helps older workers (50+ years old) connect to employment, identify volunteer opportunities, and find education and training programs and services
- Medicare Saving Programs 928-854-0300 (QMB pays for Part B premium, coinsurance and deductibles; SLMB pays Part B premium)
- Arizona Health Care Cost Containment System (AHCCCS) 928-854-0300. Medicaid programs.

Services Directory:

https://www.azdes.gov/uploadedFiles/Main_Landing_Pages/DES_Services_Directory_2014.pdf

DOMESTIC VIOLENCE National Hotline: 800-700-7233

GOODWILL INDUSTRIES OF NORTHERN ARIZONA

928-302-3631, press 3

1990 McCulloch Blvd., Lake Havasu City

Goodwill offers vouchers for clothing and basic household needs, clothing for employment interviews and/or newly hired needing clothing, help with resumes, interviews, computer classes, work readiness classes, job boards, the use of computers, phone, fax, scanner and copier. Everything is free.

Job Connection

Goodwill stores and donation centers generate revenue that helps fund mission services and provide job training, employment, and other vital services. Goodwill is dedicated to providing the opportunity to achieve personal and economic independence. Their comprehensive programs and services help clients, especially the disabled, to develop the self-confidence, training, experience, and assistance in securing vital services to become job ready and employable in today's competitive labor market.

The Job Connection®, Goodwill's One Stop Career Resource Center, provides General Equivalent Diploma (GED) preparation through distance learning. They can help find financial assistance to pay for the GED examination and provide assistance applying for college financial aid. They help clients determine their career paths and find jobs that are a good fit. They teach clients how to conduct a job search, develop a resume, fill out applications, succeed in interviews, and keep, and even advance in, their job.

Good Samaritan Connection can provide immediate family emergency assistance through access to essential clothing household goods, and sack lunches. Vouchers for clothing and/or household goods are provided upon referral from community partners and are based on need. There are no fees for these services.

GRACE EPISCOPAL CHURCH

928-855-2525 111 Bunker Drive, Lake Havasu City

Food bank Monday through Friday from 7:30 a.m. to 2 p.m. Contact: Al Garner (Tuesday and Wednesday to receive calls)

GREEN CACTUS PROJECT - DESERT RURAL VETERANS

702 299-1183

http://www.amceoinc.org

gcactus@amceoinc.org_Email: amceoinc@embarqmail.com

http://makeadifferenceday.com/

1685 West Casino Drive Box 29534, Laughlin, Nevada 89029

AMCEO Inc., Aquarius Casino Resort Laughlin, Nevada, and Home Depot Stores, Bullhead City, Kingman and Lake Havasu, Arizona work together to help provide free of charge home repairs and modifications for very low income seniors and disabled veteran mobile homeowners in the Tri State area.

Green Cactus Project and its community partners will be combining their resources to help less fortunate rural veterans mobile homeowners in the desert communities of Mohave County, Arizona and Southern, Nevada.

AMCEO Inc. takes online and written applications for the Green Cactus Project 2014. Applications accepted only for homes that require minor repairs and upgrades. AMCEO Inc. does not remodel homes to bring them up to code or that require major modifications. To be considered, please provide the following:

- 1) Form DD 214 or written evidence of honorable military service.
- 2) Documents to verify low income such as Social Security, Disability payments
- 3) Evidence of full time residency in rural desert communities of:
 - a. Mohave County, Arizona
 - b. Southern Nevada

- c. Needles, California
- 4) Document that applicant is the owner of:
 - a. Single or double wide mobile home
 - b. Manufactured home
 - c. Single family dwelling
- 5) Housing unit is on its own lot
- 6) Housing unit is repairable.
- 7) Primary services are:
 - a. Apply thermal roof coating
 - b. Repair water damaged floors
 - c. Replace small appliances
 - d. Apply thermal film on windows for privacy & temperature control
 - e. Other minor repairs and services as grant funding allows.

GUARDIAN ANGELS HOME CARE (Assisted Living Facility)

928-855-1133

190 Riviera Drive, Lake Havasu City, AZ 86403

Companion care, escorted transportation, personalized care, respite care, light housekeeping, meal planning and preparation, hospice support

HAT (Havasu Area Transit—Seniors on the Move) 928-453-7600

900 London Bridge Road, Lake Havasu City, AZ

Curb-to-curb service for seniors and disabled. Vouchers available.

HAVEN FAMILY RESOURCE CENTER

(Havasu Abuse Victims Education Network) 928-505-3153

2175 McCulloch Blvd. No., Lake Havasu City, AZ

HAVEN serves victims of crimes against children, domestic violence, sexual assault, elder abuse, and other cases as requested by partnering agencies. HAVEN Family Resource Center works in alliance with other agencies to reduce the trauma to victims of crime and increase the success of prosecution. Our service area includes Mohave County, La Paz County as well as the surrounding reservations. HAVEN Family Resource Center has been providing services to victims of abuse since 2001. Our many services include Forensic Interviews, Forensic Exams, Case Management, Counseling, Child Abuse Prevention Education, Positive Parenting and the Food 4 Kidz Program.

HILLTOP COMMUNITY CHURCH

928-855-2404 3180 No. McCulloch Blvd., Lake Havasu City, AZ Contact: Julie Nunemacher julie@hilltoplhc.com

Hilltop members often take on projects to help veterans and active duty, such as assisting a young mother with children whose husband is deployed. Their also have members who are willing to help the young mother by fixing things around the house or babysitting.

HOME DEPOT:

(928) 764-5111The Centre Blvd, Lake Havasu City, AZThey will donate building materials and have employees who will do volunteer work for vets.

HOMES FOR HEROES

Homes for Heroes® is a company that affiliates with real estate-related service providers who offer substantial rebates and discounts to the Heroes who serve our nation and its communities every day. Our Heroes include military personnel, firefighters, law enforcement officers and others who make our communities a better place to live.

This program was created after the tragic events of 9/11 as a "Thank you" to the men and women who have given so much. Heroes across the country register on our website every day looking for the savings. We match them with Homes for Heroes® Affiliates in their area. Homes for Heroes® is now expanding its discounts beyond the home buying and selling process with our Friends of Heroes® program.

- The Hero receives a 25% rebate, at closing, from the real estate Affiliate's company's gross commission.
- Discounted lending fees charged by Homes for Heroes® lender affiliates.
- Title Closing Fee discounts where allowed by law.
- Other Real Estate Related Discounts available in some States.

Keller-Williams Arizona Living Realty

1990 McCulloch Blvd N #109 Lake Havasu City, AZ (928) 453-6111 Chad Nelson

HOSPICE OF HAVASU

928-453-2111
365 S. Lake Havasu Ave., Lake Havasu City, AZ
Other locations in Ft. Mohave/Bullhead City; Parker/Quartzsite
Polidori House, 1970 Bahama Ave., 928-453-2111
Hospice of Havasu is a not-for-profit, patient-centered team of professionals and volunteers, who serve the physical, emotional, and spiritual needs of the incurably ill, their families and friends in our communities. All services related to a terminal illness are covered fully by Medicare and Medicaid and most insurances.
Transitions: Non-Medical Case Management program that provides referrals to resources to those in our community facing a life-limiting illness, but are not ready for help from Hospice.

Resale Store: 232 London Bridge Rd. <u>928-855-5551</u>

grief support groups and caregiver support groups

HOUSING:

SENIOR HOUSING, INCOME QUALIFYING:

Anacapa Apartments 1206 Anacapa Drive, Lake Havasu City 928-855-8808 Any age

Becket House Cashmere Drive, Lake Havasu City 928-955-4743 62+ and disabled Briarwood

2080 Moyo Drive, Lake Havasu City 928-855-1447 62+

Havasu Hills

865 Cashmere Drive, Lake Havasu City 928-855-4743 62+

Lake View Villas (was Casa del Laga) 3140 Kearsage Drive, Lake Havasu City 928-855-5180 Any age

New Horizons

2045 Moyo Drive, Lake Havasu City 928-855-9392

LOW-COST MOTELS IN HAVASU: (Prices frequently change)

Economy Inn (at Swanson) 41 Acoma Blvd S., Lake Havasu City, AZ 86403 Reggie Bhakta, Mgr. - 928-855-4023 \$39.99 - \$200/wk \$200/wk is a special rate for Interagency, PD, and other agencies. They extend the special rate to veterans organizations.

Havasu Inn Motel 928-855-2311 2035 W. Acoma Blvd., Lake Havasu City, AZ 96403 Harry Patel, Manager \$49

Island Inn 1300 McCulloch Blvd, Lake Havasu, AZ 800 243-9955 \$40.50

Knight's Inn (Lake Place Inn) 31 Wing Loop, Lake Havasu, AZ 86403 (800) 258-8558 (928)855-2146 \$36.99 Pool

Motel 6 - Lakeside 111 London Bridge Road, Lake Havasu, AZ 86403 (928) 855-3200 \$39.99 Traveler's Inn – Birch Square 2176 Birch Square, Lake Havasu, Arizona 86403 (928) 855-5566 \$39.99 – 53.95

INTERAGENCY COUNCIL

(928) 453-5800
1940 Mesquite Ave, Lake Havasu City, AZ 86403
Crisis Line: 928-855-8877
Michael Eigenbrodt, President/CEO
Contact: Kim Anderson, Director of Advocacy Services
928-453-5800 ext 268
kanderson@lhcinteragency.org

- Community Food Bank open 10 a.m. to 2 p.m., Monday, Wednesday, and Friday Call 928-453-5800, Ext 221, Linda Scoggins, Food Bank Director, for more information
- Child and family resources
- Crisis Intervention
- Domestic violence counseling
- Substance Abuse Program
- Financial resources, financial classes
- Sally's Place domestic violence residential program
- Big Brothers, Big Sisters program
- Community Legal Services provides attorneys for free legal assistance in civil matters to income qualified applicants. Interagency has a legal advocate available for income and program qualified clients.
- Transition Housing provides a safe environment for single parents and their children who are homeless. Residents are permitted to stay until they are ready for independent living. While housed, the resident must be employed and/or attend school and must take part in the free counseling services of the Interagency.

JAN WILLIAMS, M.S.L.P.C.

928-505-1550 Licensed Professional Counselor 276 S. Lake Havasu Ave., Suite C-32, Lake Havasu City, AZ 86403. janwilliamslpc@frontiernet.net www.Janwilliamscounseling.com Specializes in trauma and complex trauma disorders. Pro bono counseling for veterans on first-come basis. No walk-ins. Veteran contact via phone, not email.

LADY OF THE LAKE CATHOLIC CHURCH

928-855-2685 1975 Daytona Drive Soup kitchen available Tuesday, Thursday and Saturday Tuesday/Thursday: 4:30 p.m. to 5:30 p.m. Saturday: 10:30 a.m. to noon

LAKE HAVASU CITY MILITARY MOMS

P.O. Box 2771, Lake Havasu City, AZ 86405 Judy Lacey 928-855-8470 judylaceylhc@gmail.com www.lhcmilitarymoms.org / https://www.facebook.com/LakeHavasuCityMilitaryMoms Pays utility bills, rent, etc.

LAKE HAVASU MORTUARY & CREMATORY

928-854-3100 2225 North Kiowa Blvd., Lake Havasu City

LAKEVIEW CHURCH

855-1942 1699 W Acoma Blvd, Lake Havasu City Spaghetti Dinner: Wed 5:00-7:00pm

LIETZ-FRAZE FUNERAL HOME

(928) 855-494921 Riviera Blvd, Lake Havasu City, AZ 86403Exclusive provider under the Veterans & Family Memorial Care program.

LONDONDERRY REALTY

928-855-1422 (Rental Dept) 45 Capri Blvd, Lake Havasu City, AZ 86403 Apartments as low as \$450/mo.

LOWE'S

(928) 764-21204000 Highway 95 N, Lake Havasu City, AZ 86404They will donate building materials and have employees who will do volunteer work for vets.

MARINE CORPS LEAGUE DET. 757

P.O. Box 311, Lake Havasu City, AZ 6405-0311 Russ Mascari 928-302-1246 <u>russmascari@gmail.com</u> Frank Blain 928-505-8674 fmblain#frontiernet.net <u>http://www.mcllakehavasu.org / https://www.facebook.com/mcllhcdetachment757</u>

MEALS ON WHEELS

928-453-0715 LHC Senior Center 450 Acoma Blvd S, Lake Havasu City, AZ Over 60 free; under 60 \$5.00

MOHAVE COMMUNITY COLLEGE

928-855-7812 1977 W Acoma Blvd, Lake Havasu City, AZ 86403

Help for all veterans, not just returning ones. Mike Hodgkin works with the Dept, of Labor; is onsite at MCC every Tuesday to provide veterans' counseling.

Two types of college funding for veterans: Post 9/11 GI Bill and the original bill known as the GI Bill Chapter 30.

The Post 9/11 Bill pays tuition to any certified college or university in the state. It also offers a monthly income that varies and funding for housing, based on the ZIP code or area where a veteran lives. With

the Post 9/11 Bill, some veterans could receive as much as \$1,800 a month.

The original GI Bill pays for school and typically pays about \$1,321 a month, as long as the vet is enrolled full-time. Part-time student-vets are still eligible, but usually get only about half of that amount.

MCC strong in medical field.

Hodgkin also counsels for emotional issues after service and helps create a case plan to get them appropriate counseling.

MOHAVE COUNTY COMMUNITY SERVICES

928-453-0710 2001 College Drive, Lake Havasu City, AZ Lauren Farshler <u>lauren.farshler@mohavecounty.us</u> Barbara Blythe, Grants Coordination Specialist, Kingman 928-753-0723 Cell 928-303-9419 Fax 928-718-4963 Barbara.Blythe@mohavecounty.us

- 1. Outreach/intake, orientation
- 2. Assessment of skill level, needs, etc.
- 3. Job search/placement
- 4. Labor market information
- 5. Performance information on training providers
- 6. Information on local performance
- 7. Information on support services
- 8. Eligibility
- 9. Information on filing Unemployment Insurance claims
- 10. Assistance with Welfare-to-Work and financial aid information
- 11. Follow-up services
- 12. Comprehensive and diagnostic assessments
- 13. Development of Individual Employment Plan
- 14. Group counseling
- 15. Individual counseling and career planning
- 16. Case management for training services
- 17. Pre-employment skills training

Mohave County Community Services (MCCS) administers Owner-Occupied Housing Rehabilitation Programs for all supervisorial districts in Mohave County. Applications are available at the following locations, Monday thru Friday 8am-5pm**:

- 700 West Beale Street, Kingman
- 2001 College Drive, Ste 122, Lake Havasu City
- 720 Hancock Road, Bullhead City

The goals of the programs are to alleviate immediate health and safety issues in the home, including code violations, weatherization/energy efficiency, and accommodations for accessibility. The following priority populations will have a preference:

- Veterans
- Elderly
- Disabled
- Families with children under 18.

Typical repairs may include, but not limited to, water heaters, heating and cooling, roofing, septic systems, plumbing and electrical repairs, disability accommodations, weatherization, and energy efficiency retrofits.

Each program has separate income limits, limits of assistance, and lien requirements. **Moderate Rehab**: Maximum assistance is \$50,000. Amount of assistance is based on need and funding availability. This assistance is in the form of a deferred forgivable loan at 0% interest, with a 5/10/15 year recapture period. A lien is placed on the property until such time period is over. The loan is forgiven so long as the owner does not sell/transfer the property within the lien period.

MOHAVE COUNTY HOUSING AUTHORITY

See also: One Stop Career Center

A rental assistance program for homeless vets in Mohave County. HUD issues grants to the county to fund the VA Supportive Housing, or VASH program. It covers the cost of rental assistance in the private rental market to house 25 homeless vets.

Vets must be willing to participate in case management services, live clean and sober lives, and attend alcohol and drug counseling if needed. Rental vouchers are provided as long as the VA reports the vets are in compliance.

Mohave County previously served homeless vets through its Homelessness Prevention Rapid Rehousing (HPRR) program. That program no longer exists.

HUD VASH contact info: Lake Havasu: Gail Worcester, 928-453-0710 Kingman: Jeremiah Jensen, 928-692-0080, ext. 6843, jeremiah.jensen@va.gov or Jennifer Burch, 928-753-0723, jennifer.burch@mohavecounty.us

Bullhead: Jennifer Harper, 928-758-0702.

MOHAVE COUNTY MENTAL HEALTH CLINIC

928-855-3432 2187 Swanson Ave., Lake Havasu City, AZ Nathan Rosato, LMSW HCHV Social Worker

NAZCARE

(928) 758-7759 2636 Highway 95 # 20. Bullhead City, AZ 86442

Northern Arizona Consumers Advancing Recovery by Empowerment, has implemented a holistic approach to recovery and wellness by addressing the whole person in mind, body and spirit. They provide services in Wellness Planning with a Wellness Coach to assist you on your journey to better wellness. Peer Whole Health promotes better health in small, realistic achievements that make a huge difference for you as you select and embrace better emotional health as a result. They provide opportunities for physical activity, recreation and exercise. Funding is provided through Cenpatico, Northern Arizona Regional Behavioral Health Authority (NARBHA) and the Arizona Department of Behavioral Health Services (ADBHS).

NAZCARE facilities in Bullhead and Kingman:

F.R.I.E.N.D.S. Wellness Center (Bullhead City)

1610 Riverview Dr. #9 Bullhead City, AZ 86442 (928) 758-3665

*F*riends *R*ecovering *In E*mpowerment, *N*eeds, and *D*iscovering *S*upport Wellness Center serves adults and their families with mental, co-occurring and substance use issues to promote recovery and wellness. F.R.I.E.N.D.S. is a community-based center meeting the community's needs and providing. Services provided include: recovery support services, individual support, support groups, recreation, arts/crafts, community integrate and wellness programs like: diet/nutrition, peer whole health, wellness checks, and Wellness in Action. And many community integration project like our relationship with Silverlake Assisted Living Center and always seeking more partnerships in Bullhead City and Laughlin. F.R.I.E.N.D.S. is a collaborative partner with Mohave Mental Health Clinic (MMHC) and Southwest Behavioral Health. Funding through NARBHA

New Directions Wellness Center (Kingman

928-753-1213 4550 N Bank St., Suite A Kingman, AZ 86409

New Directions opened in 2004 in Kingman and began a steady growth to become one of NAZCARE's largest centers. It serves adults and their families with mental, co-occurring and substance use issues to promote recovery and wellness. New Directions is a community-based center meeting the community's needs. Services provided include: recovery support services, individual support, support groups, recreation, arts/crafts, community integrate and wellness programs like: diet/nutrition, peer whole health, wellness checks, and Wellness in Action and is a wonderful community partner and always looking for ways to contribute to the Kingman community. New Directions has collaborative partnerships with Mohave Mental Health Clinic (MMHC), Evercare and Southwest Behavioral Health (SWBH) and hosts as a NAZCARE regional training center. New Directions has integrated recovery support services with Next Steps Supportive Housing and Homes 4 Heroes (A homeless Veteran housing program). We continue to reduce stigma by partnering with the community. New Directions also hosts one of NACARE Regional Training Centers.

NEW HORIZONS CENTER

(928) 855-2366

2045 Moyo Dr., Lake Havasu City, AZ 86403

Vocational rehab. Also offers in-home visits to assist parents of infants ages 0-3 and in-home services for adults. Provides day program activities and transportation in the community for people with developmental disabilities. Sheltered living units for clients age 18 and older who have developmental disabilities. Clients are trained to live as independent adults in their own living quarters. Operates apartment program for adults with disabilities. Semi-independent apartment setting in the community. Trains adults with disabilities in employment skills and assists with employment in local business. Income-based fees.

NORTHERN ARIZONA VA HEALTH CARE SYSTEM

928-445-4860 x 6830 or 800-949-1005 x 6830
2668 Hualapai Mountain Road, Kingman, AZ 86401
Community Based Outpatient Clinic (CBOC)
HCHV (Health Care for Homeless Veterans) and HUD-VASH Programs
Nathan Rosato, LMW, HCHV Social Worker
Cell: 928-830-5598
Homes for Heroes: 5 beds, 6 properties, works with transitional and mental issues. Vets Transitional

House: can house up to 10 vets, Another property being purchased for female vets, one property can be set up for homeless family. They have 65 slots for Homeless Vets.

There is a 5-bed home in Kingman that serves Veterans. It is a residential treatment program for Veterans experiencing homelessness <u>and</u> need mental health and/or substance abuse treatment. Veterans must be enrolled in the Northern Arizona VA Health Care System. Veterans in the program are able to be in the program for up to 90 days maximum, with the goal of moving the Veteran into independent, permanent housing within 30-60 days. Veterans interested in the program must be willing to participate in daily case management and treatment services through the VA and with NAZCARE staff.

Washer/dryer on-site and a full kitchen where Veterans are able to prepare their own meals. The program purchases food for the Veterans, also.

While in the program, Veterans are required to save money (if they have a job or are receiving any kind of social security or other financial benefits) so that they can be self-sufficient upon exiting the program. Veterans who are unemployed but able to work will meet with the Employment Specialist to build/improve their resume, practice interviewing skills, connect with local employment resources, and complete applications and job interviews. Veterans who are unemployed but not able to work will be required to apply for social security/other benefits.

Transportation to medical, mental health, and other needed appointments is provided by the program. If the Veteran has a vehicle, there is space for the vehicle on-site so that the Veteran does not have to leave their vehicle behind.

Only service animals are allowed in the program.

Veterans in the program must be willing to submit to random or for-cause breathalyzer and urine screens. Veterans must agree not to use alcohol or illegal drugs while in the program. Veterans may not be eligible for the program if they are actively dependent or abusing alcohol or illegal substances.

The program is not able to admit registered sex offenders, Veterans with active warrants (in any state), or Veterans who need a higher level of medical/mental health care than the program is able to provide.

Veterans will be assigned to a specialized primary care team called H-PACT, which has been formed to address the specific needs of the homeless population. Health care will be provided both at the CBOC in Kingman and at the VA Hospital in Prescott.

If you have a Veteran who could utilize this program, please feel free to call or have them call me to schedule an intake/assessment appointment to determine if they are eligible for the program. Because I am frequently working in the field, walk-in appointments are not available at this time. After being screened for eligibility and assessed, Veterans will then complete the Nazcare intake process before being officially admitted into the program. If you have any questions, please feel free to contact me.

Employment Specialist David G. Lavertue For VA-eligible veterans only Office Phone: 928-718-7368 Cell Phone: 928-642-5080 David.Lavertue@va.gov

NORTHERN ARIZONA VETERANS RESOURCE CENTER Justin Chavez, Asst. Site Director 775-772-6717 (cell) jchavez@vietvets.org www.vietvets.org 1491 Palma Rd, Suite 15, Bullhead City AZ Kathy Tittle, Program Support Specialist, Mohave County www.vetsresource.org navrc@vetsresource.org ktittle@vetresource.org

In Havasu Thursdays: Andrew Witzel 928-201-9331

One of 13 Veterans Resource Centers of America (VRC) in the U.S. Nonprofit, partnering with Dept. of Veterans Affairs. Focus is on homelessness prevention and rapid re-housing.

Works with homeless and extremely low-income veterans in obtaining VA benefits and assistance in getting other public benefits as well as temporary financial assistance for rent payments, utility payments, security deposits, and moving costs.

- 104 Transitional Housing Beds for Homeless Veterans
- 40 (soon to be 80) Behavioral Health Beds
- Employment & Training Counseling
- Homeless Prevention & Rapid Rehousing for Veteran Families (SSVF)
- "Winning the Employment Game"
- Critical Time Intervention Case Management
- HUD/VASH Case Management
- True Resource Centers: Community Referrals & Engagement
- Vietnam Humanitarian Effort: Medical Center and Schools

Veterans Resource Centers of America provides comprehensive behavioral health treatment, transitional housing, employment and training services, intensive case management, small business development, integration into the DVA systems, as well as linkages to community services and advocacy at the local, state, and federal levels. Helps homeless vets transition to housing; also assists with cases in the Havasu Veterans Court.

ONE-STOP CAREER CENTER

928-854-0350
228 London Bridge Road, Lake Havasu City, AZ 86403 (DES)
Part of the Mohave County Housing Authority
The Resource Room in the One-Stop Career Center is a career development center that offers:

- Lists of current job openings in the region
- Knowledgeable staff
- Career reference materials
- Computer, internet, printer, fax, copier and phone
- Career Research Center in Kingman
- Workshops to help improve job skills
- Job Help Hub at the Bullhead City Library

PRIVATE ALTERNATIVE CARE

928-453-8622

3046 Appaloosa Drive. Lake Havasu City, AZ 86406 Non-medical in-home care to elderly and disabled

ST. VINCENT DE PAUL

928-680-2874 Food distributed Wed, Thurs, and Fri. 9:30 a.m. to 2 p.m. at 1841 W. Acoma, Lake Havasu City Clothing available at: 1851 Commander Drive, Lake Havasu City - 928-453-3125 761 N. Lake Havasu Ave, Lake Havasu City – 928-453-1776

SALVATION ARMY

(928) 680-3678

Capt. Bob Lueras 575-551-2091 Cell

Capt. Stephanie Lueras 602-621-3392 Cell

2049 Swanson Ave, Lake Havasu City, AZ 86403

Sack lunches available from 10 a.m. to noon

The Salvation Army has a small supply of emergency food and can supply two to three days' worth of non-perishable foods for those who may not qualify for a "food box" program at another agency, transient or stranded individuals or family, homeless individuals and families.

Personal Hygiene Kits-are available at The Salvation Army for those in need. Available items include shampoo, toothpaste, lotion, and occasionally disposable razors.

They also provides emergency assistance to people in need. Assistance includes transportation, rent payments, utility bill payments, medicine, clothing, household items, furniture, etc. Provides crisis counseling, financial counseling, and emergency senior support.

- Clothing
- Counseling
- Community Service
- Crisis Management
- Financial Aid
- Food
- Grief Support
- Housing

SALLY'S PLACE

928-855-5320 Lake Havasu City 24/7 Crisis Line: 855-8877 An Interagency program.

- A Safe Place for female victims and children
- Support Groups
- Life Skills
- Helps access community resources
- Individualized Support

SENIORS HELPING SENIORS

Dave and Eileen Devett 928-505-8755 http://seniorcarelakehavasucity.com/

shs@seniorshelpinginaz.com

Matching senior volunteers with seniors who need help. Volunteers help with transportation, meal preparation, light housekeeping, personal grooming and dressing, shopping, doctors' appointments, pet

care, overnight stays (24-hour care), mobility assistance, yard work, home maintenance and small repairs, and most importantly, companionship.

SOUTHWEST BEHAVIORAL HEALTH SERVICES

Chaz Martinez, Director of Communications & Events, Bullhead office Office: (928) 763-7776 x 314 Cell: (928) 310-1701 www.sbhservices.org<http://www.sbhservices.org> ChazM@SBHSERVICES.ORG thondaa@SBHSERVICES.ORG Tara Lurz taral@SBHSERVICES.ORG Vicki Miller VickiM@SBHSERVICES.ORG Wendy Norris WendyN@SBHSERVICES.ORG chanelH@SBHSERVICES.ORG

Provides many different services and programs to treat mental health problems, housing, addiction, etc.

Our housing facilities provide the following services: Affordable, supportive housing to individuals and families; supports include resources and assistance in obtaining greater independence through household management, volunteering, community activities, job search, and other needed assistance. Support services include assistance in maintaining health, obtaining or retaining income, and access to community resources to assist individuals to increase independence.

- Job Search
- Employment Availability
- Volunteer Opportunities
- Community Involvement
- Peer Supports

Outpatient Clinics:

Bullhead City

2580 Highway 95, #119 Bullhead City, Arizona 86442 928-763-7776

Kingman

2215 Hualapai Mountain Rd., #H Kingman, Arizona 86401 928-753-9387

Lake Havasu City

1845 McCulloch Boulevard, #B-1 Lake Havasu City, Arizona 86403 928-453-2661

Opiate Treatment Program: Bullhead City

809 Hancock Road, #1 Bullhead City, Arizona 86442

928-763-7111

SURVIVORS LHC

714-722-7010 116 S. Lake Havasu Ave., Suite 103 (Time Realty Complex) Lake Havasu City, AZ <u>Survivorslhc@yahoo.com</u> Shannon Cook Support group for survivors of suicide Meets every Tuesday 6:30-8 p.m. Time Realty Complex

VA HEALTH CARE SYSTEM

Suicide Prevention Coordinator

Call 24 hours/day, 7 days/week Veterans Crisis Line: 1-800-273-TALK (8255)

CLINICS:

Lake Havasu City CBOC 928-680-0090 / 1-800-949-1005, ext. 7300 2035 Mesquite, Suite D, Lake Havasu City, AZ 86403

Kingman CBOC

2668 Hualapai Mountain Road, Kingman, AZ 86401 928-445-4860 x 6830 / 800-949-1005 x 6830 Social Worker: Nate Rosato 928-830-5598

VA MENTAL HEALTH/COUNSELING

If you are in crisis, call 911, go to your nearest Emergency Room, or call 1-800-273-8255 (TALK) (Spanish/Español 1-888-628-9454).

NOTE: Veterans, press "1" after you call -- or Veterans can chat live with a crisis counselor at any time of day or night.

Because the National Center for PTSD has emerged as the world's expert on PTSD, people ask if the Center provides direct treatment services. The National Center for PTSD does not provide direct clinical care or individual referrals. We do provide links and information to help you locate mental health services in your area. <u>http://www.ptsd.va.gov/public/where-to-get-help.asp</u>

Locate a mental health care provider

- <u>VA Facility Locator</u>: Each VA medical center and many VA clinics have PTSD specialists.
- You can also find a <u>VA PTSD Program</u> or a <u>Vet Center</u> near you.
- Or call the 24/7 Veteran Combat Call Center to talk to another combat Veteran: 1-877-927-8387 (WAR-VETS).
- <u>DoD Outreach Center for Psychological Health and Traumatic Brain Injury</u>: Service Members, Veterans, and families can contact 1-866-966-1020 or <u>resources@dcoeoutreach.org</u>.
- <u>Military OneSource</u>: Service Members, Veterans, and families can call 24/7 to speak to a master's level consultant. Toll-free (in the US): 800-342-9647;(outside the US): (country access code) 800-

342-9647 (dial all 11 numbers); International: 800-464-8107.

- <u>Mental Health Services Locator (SAMHSA)</u>: Resources and locations for the general public as well as Veterans. 1-800-662-4357.
- <u>Substance Abuse Treatment Locator (SAMHSA)</u>: Find services for the general public as well as Veterans. 1-800-662-4357.

VET CENTER, LAKE HAVASU

1720 Mesquite Ave., Ste. 101, LHC AZ 86403 Office Manager Brandon Karstadt 928-499-5083 Cell Joe Little, MSW, Team Leader <u>Joseph.Little@va.gov</u> 928-505-0394 Crisis: 800-273-8255 (Press 1) Combat call center: 877-927-8387 AA meetings Thursdays 5:30 – 6:30 p.m.

Apply for VA benefits, health care, employment center, job training, apply for VA Home Loan Certificate of Eligibility, check on Compensation & Pension Status, education benefits.

Apply for e-benefits, health care, prescriptions, My HealtheVet. vocational rehabilitation and employment. Serving women and homeless veterans.

The Work Study Student Program is authorized by Congress to assist veterans utilizing the GI bill. or a Student to be able to become a Work Study Student they must be receiving benefits under one of the following education programs:

a. Title 38, U.S.C., Chapter 30: The Montgomery GI Bill

- b. Title 38, U.S.C., Chapter 31: Vocation Rehabilitation
- c. Title 38, U.S.C., Chapter 32: The Post-Vietnam Era Veterans' Educational Assistance Program
- d. Title 38, U.S.C., Chapter 33: The Post-9/11 GI Bill
- e. Title 38, U.S.C., Chapter 35: Dependents' Educational Assistance Program
- f. Title 10, U.S.C., Chapter 1606: The Montgomery GI Bill Selected Reserve
- g. Title 10, U.S.C., Chapter 1607: The Reserve Educational Assistance Program

The Student must be enrolled in and pursuing an approved college degree, vocational or professional program of education at a rate of 3/4 time or greater.

VETERANS AIRLIFT COMMAND

952-582-2911 5775 Wayzata Boulevard, Suite 700, St. Louis Park, MN 55416 VAC provides free air transportation to post 9/11 combat wounded and their families for medical and other compassionate purposes through a national network of volunteer aircraft owners and pilots. http://www.veteransairlift.org/ Veterans Airlift Command

VETERANS ANGELS INC.

888-319-1117 10170 W Tropicana Ave, #156-440, Las Vegas, NV 89147-8465 http://www.vetangels.org/

Veterans Angels, Inc. is a 501(c)(3) public charity Their mission is to provide senior veterans and their

families information and support in applying for the VA benefit to help with the cost of care. There is no charge for their service. An accredited claims agent is the advocate with the VA throughout the process.

Eligibility: Must meet ALL of the following:

The deceased veteran was discharged from service under other than dishonorable conditions. The deceased veteran served at least 90 days of active military service "1" day of which was during a war time period.

If the veteran entered active duty after September 7, 1980, generally he or she must have served at least 24 months or the full period for which called or ordered to active duty. Surviving spouse or unmarried child of the deceased veteran. Countable income is below a yearly limit set by law.

Veterans Angels also assist with the Social Security Aid and Attendance Benefit.

VETERANS THRIFT

2009 Acoma Blvd W, Lake Havasu City (household goods) 1010 Empire Dr, Lake Havasu City (furniture) 928-680 4357

Jack Kemp runs a thrift store to benefit veterans. Proceeds from the sale of donated items go to Fisher House, Iraq and Afghanistan Veterans of America, and other groups that help veterans. Any veteran in need of furniture or clothing may choose what he or she needs, free of charge, if it is in stock at the time. Furniture store is at 1010 Empire Dr, Lake Havasu City. They have power chairs, wheelchairs, and walkers to lend out to veterans.

VETERANS UNITED ARIZONA

Lake Havasu, AZ Frankie Lyons, President 928-230-5428 <u>dogdaze98@yahoo.com</u> Assists homeless and at-risk veterans in l

Assists homeless and at-risk veterans in Havasu. Provides transportation to medical and other appointments. Networks with other veterans organizations to locate and coordinate services veterans may need.

VFW POST 9401

266 London Bridge Road, Lake Havasu City, AZ 86403 Joan McDermott 928-230-4931 <u>mcdermott.joan@gmail.com</u> Provides assistance to veterans in need. Service Officer available.

VIETNAM VETERANS OF AMERICA, CHAPTER 975 MOHAVE COUNTY

P.O. Box 184, Kingman, Arizona 86402 928-377-1101 975.president@vva975.org

Provides assistance to veterans in need. Service Officer available.

Provides funds for veterans in all cities in Mohave County for utilities, rent, gas, etc, based on need and availability of funds.

Veterans Service Office in Golden Valley, staffed by VVA service officers who are VA trained and certified.

4225 Highway 68 Suite "G", Golden Valley, AZ. 86413-8116

Hours: Wednesdays and Fridays 10 a.m. to 3 p.m. Lead Service Officer: Dave Clark 928-377-1101, <u>daveclark@vva975.org</u> Counseling: Chaplain Sisto Sandoval 928-240-3516

WACOG:

232 London Bridge Road, Lake Havasu, AZ 86403 928-680-7978

The Western Arizona Council of Governments (WACOG) was founded in 1971 and is a governmental non-profit that is dedicated to serving its local jurisdictions, income challenged households, and vulnerable populations in Yuma, La Paz, and Mohave Counties. WACOG works on a broad range of issues and programs including: the Community Development Block Grant (CDBG), Community Services Block Grant (CSBG), Head Start, Health, Low-Income Home Energy Assistance (LIHEAP), Nutrition, Services for Older Americans, Social Service Block Grant (SSBG), Transit and Transportation, Tax and Income Policies, Weatherization Assistance, and Welfare Reform.

WACOG has a mission to provide a safety net of services to the community. These programs are designed to prevent homelessness, maintain independent living and providing the foundation for development of self-sufficient, healthy, caring and productive children and families. The services are designed to land a "helping hand" to residents in times of crisis or need. In order to qualify for these services four basic requirements must be met:

- 1. Must be in a crisis situation
- 2. Must meet income guidelines
- 3. Proof of US Citizenship/Legal residency
- 4. Have a Social Security Card

WACOG Mohave County Programs:

Rent/Mortgage Assistance program- assists households that are suddenly facing a short-term housing crisis. Assistance can be provided for those that are homeless or facing homelessness due to eviction or mortgage foreclosure. Call 855-433-4989 only on the 2nd Monday of each month between 8 a.m. and 12 p.m.

Utility Assistance program- assists eligible households that are in need of temporary assistance with their utility bills. Call 855-433-4989 only on the first business day of each month from 8 a.m. to noon and 1 p.m. to 5 p.m.

Case Management program- aids clients in becoming economically self-sufficient. Case managers play an advocacy role and assist clients in seeking employment, finding adequate housing and overcoming obstacles to independence and self-sufficiency. Call 928-753-6247 during normal business hours

Telephone Assistance Discount program- provides clients with a monthly discount on their basic line charge when there is a medical need in the home. Call 928-782-1886 during normal business hours.

Home Energy/Housing programs:

Weatherization program is designed to assist eligible homeowners in reducing residential energy consumption. Call 928-753-6247 during normal business hours. They will replace old water heaters with energy-efficient ones for qualifying low-income persons.

Owner-Occupied Housing Rehabilitation program assists existing, eligible homeowners whose primary residence is severely deteriorated and requires extensive repairs, rehabilitation or

reconstruction. Call 928-753-6247 during normal business hours

Hand Up Program-Financial Literacy and Housing Counseling provides counseling in the area of Mortgage Delinquency/default Resolution, Financial management and many other programs available to at risk home owners. Call Joyce Lucero at 928-753-1058 during normal business hours for additional information. Counseling is free of charge.

Other Assistance: Assist with questions about Medicare benefits, AHCCS, Medicaid, supplement insurance and HMOs; caregiver support 888-737-7494.

Contact the Mohave County WACOG office located at 208 N 4th St, Kingman, AZ 86401or call 928-753-6247 during normal business hours.

Cat Trobaugh 208 N. 4th St., Kingman, AZ 928-377-4694 <u>catt@wacog.com</u> <u>www.azlinks.gov</u> for resources

WESTCARE ARIZONA SAFEHOUSE

P.O. Box 20205, Bullhead City, AZ 86439928-763-1945928-763-7233 24-hour crisis lineSafe house for victims of domestic violence.

MISCELLANEOUS:

NATIONAL RESOURCE DIRECTORY

Depts of Defense, Labor, and Veterans Affairs <u>www.nationalresourcedirectory.gov</u> For wounded, ill, and injured servicemembers:

Benefits & Compensation

- Education & Training
- Employment
- Family & Caregiver Support
- Health
- Homeless Assistance
- Housing
- Transportation & Travel
- Other Services & Resources

SOCIAL SECURITY BENEFIT FOR VETERANS

There is a special provision of the Social Security law that Veterans may benefit from. Veterans may have earned entitlements for Active Duty service between January 1, 1957 and December 31, 2001.

Basically, veterans are entitled to an additional \$300 credit toward their Social Security earnings for

every three months they were on Active Duty between January 1, 1957 and December 31, 2001 up to a maximum of \$1,200.00 per year of Active Duty service. This special provision of the Social Security law is above and beyond the military Basic Pay which was recorded on W-2s for each year of Active Duty.

The DD-214 discharge document is used by the Social Security Administration to credit this special provision toward Social Security earnings.

However, you must take your dd-214 to your local social security office and request this additional credit toward your social security earnings.

Another benefit is the **Aid and Attendance Benefit**, which provides payment to caregivers of veterans. Veterans and survivors who are eligible for a VA pension and require the aid and attendance of another person, or are housebound, may be eligible for additional monetary payment. These benefits are paid in addition to monthly pension, and they are not paid without eligibility to Pension.

Since Aid and Attendance and Housebound allowances increase the pension amount, people who are not eligible for a basic pension due to excessive income may be eligible for pension at these increased rates. A Veteran or surviving spouse may not receive Aid and Attendance benefits and Housebound benefits at the same time.

Veterans Angels can assist with the Aid and Attendance Benefit <u>www.vetangels.org</u>, 888-319-1117.

VETERANS STAND DOWN:

The Jerry Ambrose Veterans Council of Mohave County President: Pat Farrell 827-753-5239, president@javc.org http://www.javc.org/

JAVC hosts an annual StandDown for homeless and at-risk veterans every February or March in Bullhead City. It serves veterans in all of Mohave County, and transportation is provided to take veterans from other cities to Bullhead. The following services are provided:

- Housing Assistance
- Homeless Resources
- Employment
- VA Benefits
- VA Enrollment
- VA Medical
- VA Mental Health
- Legal Assistance
- Family Services
- Dental & Eye Care Supplies
- Motor Vehicle Division
- Military Records
- Voter Registration
- Counseling

- Support Groups
- Child Support
- Family Assistance
- Social Security
- Pet Supplies
- Veterinary Care
- Showers
- Haircuts
- Clothing
- Hygiene Supplies
- Food
- County Recorder
- Spiritual Care
- AZ Food Handlers Training/Certification

AMERICAN LEGION POST 81 AUXILIARY

181 Paseo Del Sol, Lake Havasu City, AZ 86403
Jill Racheal, President – 928-412-7549
jsricheal@npgcable.com
Provides food, clothing, and other assistance for children of veterans.

BIG BROTHERS, BIG SISTERS

1940 Mesquite Ave., Lake Havasu City, AZ (928) 453-5800

An Interagency program that uses volunteers to mentor children and provide a positive influence in the children's lives. Big Brothers and Big Sisters are, foremost, friends to children: They share everyday activities—exploring new horizons, and experiencing the joy that simple moments of friendship can bring. Within those little moments lie the big magic that a Big Brother or Big Sister brings to the life of a young person.

CIVIL AIR PATROL (CAP)

London Bridge Composite Squadron 501 P.O. Box 1304, Lake Havasu City, AZ 86405-1304 Lake Havasu City Municipal Airport 5600 Highway 95 N, Lake Havasu City, AZ 86404 <u>azwgsq501@gmail.com</u> http://capsq501.com/ / https://www.facebook.com/caplhc

Flight Commander Rey De Leon

CAP is the official auxiliary of the USAF. It has 61,000 members, 550 aircraft, and 1,000 vehicles and participates in Homeland Security, disaster relief, and drug interdiction activities at the request of federal, state, and local agencies. CAP has three missions: Emergency Services, Cadet Program and Aerospace Education.

Cadets participate in weekly squadron meetings and at occasional weekend special activities such as operational exercises, equipment / facilities maintenance, fixed wing / glider orientation flights and fund raisers. Due to the involved (yet rewarding) nature of the Cadet program, prospective cadet members shall attend 3 meetings as observers before deciding to join. This is done to ensure that they are willing to act in response to the training that we offer. The desired affect is this will enable them to deliver the high standards of discipline, dress, teamwork and the leadership skills. Cadets are required to maintain currency in Safety education and progress satisfactorily in the Cadet Program by working to earn promotions as they master each leadership concept.

Qualified pilots joining as senior members can become CAP pilots and fly for free on missions, operational exercises and when giving orientation flights to cadets. Other volunteers are required as airborne mission observers / scanners and in support roles on the ground in the Mission Base Incident Command Post at Lake Havasu City Municipal Airport. Flight crew who demonstrate a superior level of performance and who are willing to deploy within the USA for 3 x 10-day periods a year may volunteer to utilize high-technology equipment and participate in USAF operational training exercises.

COLORADO RIVER REGION YOUTH SHELTER

9575 Evans Lane Bullhead City, AZ 86440928-768-1500Emergency shelter serving youth ages 18 and under. Homeless/runaway youth, crisis intervention,

family conflict resolution, mediation, delinquency prevention & education encouragement.

INTERAGENCY

1940 Mesquite Ave, Lake Havasu City, AZ 86403 928-453-5800

• Fatherhood Now

A free program offered to fathers or father role models with children ages birth through 5 years. Participants will be given an opportunity to have 12 in-home sessions and learn new information to add to their parenting tool box. Fatherhood Now Focuses on characteristics every father needs and the important role they have in the lives of their children.

• Student Assistance Program (SAP)

Support groups for children and youth in grades K-12 are held at the schools, providing students with a safe place to express their needs, feelings, thoughts and concerns. Objectives of the program include assistance in building self-esteem, confidence, and positive communication skills. Two trained facilitators (one from the school where the group is held plus a community volunteer) lead the group toward positive outcomes. SAP promotes and encourages a healthy lifestyle and helps students see how their behavior affects not only themselves but also those around them. The Student Assistance Program provides groups for pregnant teens, as well as children of divorced parents; those new to Lake Havasu City; those experiencing grief; those retained in school levels; and children who feel they need assistance with personal growth, relationships and family issues.

• Successful Parenting

Classes are designed to help parents strengthen their relationship with their children. Participants will learn about developmentally appropriate behavior, how to communicate effectively with their child/children and how to use positive discipline rather than punishment. Classes are one night a week for six weeks. Classes are available for parents with children ages 0-5, and school age 5 and up. Free Children's Program is provided.

• Community Youth Theater Group

Students ages 15 to 18 address problems that often lead to violent and other anti-social behavior among teenagers. The group creates interactive mini-plays that heighten awareness about relationship violence and other difficult issues teenagers face.

LAKE HAVASU CITY RECREATION DEPARTMENT

LHC Aquatic and Recreation 100 Park Avenue, Lake Havasu City, AZ 86403 928-453-8686 parksmail@lhcaz.gov

• After School Program

The After School Program is designed for children in K-6th grade. Participants enjoy group activities that are conducted in a supervised, structured manner. The After School Program is held in the gyms of the Lake Havasu Unified School District's elementary schools. Times are Monday-Wednesday and Friday from 2:30-6 p.m. and Thursday from 1-5:30 p.m. Homework time, crafts, sports, fishing program, snorkeling, kayaking, as well as indoor and outdoor activities.

• Wee Play in the Park

Wee Play in the Park is an outdoor social and educational fun opportunity for preschool ages 2-5 years. Activities designed to increase movement and motor skill ability. Parent must be present to assist with their child(ren) on site. Each session consists of 8 one-hour classes. Registration fee is \$20 per session; per participant and each session is limited to 12 participants. Program held at Rotary Park.

• Youth Flag Football and Cheer

Program is for boys and girls in 1st-6th grades. Games played on Saturdays October through November. Cost is \$50 per participant.

• Tennis

Sessions teach the fundamentals of tennis to children from 5 years to high school age. Participants need to bring a tennis racket and wear tennis shoes to each class. Classes are held at the Lake Havasu High School Tennis Courts. Cost is \$80 per participant; per session.

LAKE HAVASU HOCKEY LEAGUE

928-727-7825

Facebook: www.facebook.com/havasudustdevilshockey

Located at Rotary Rink in SARA Park, the Lake Havasu Hockey League is an inline hockey organization that competes in the IHAAZ tournament series. The LHHL, in cooperation with the city of Lake Havasu, Dub Campbell, and the Rotary Clubs of Havasu, offers a state of the art outdoor inline hockey facility. LHHL offers instruction for all ages and experience levels. Both recreational and travel teams in the youth level. Current travel teams include the 8 and under, 10 and under, 12 and under, and the 14 and under teams.

ONE-STOP CAREER CENTER

928-854-0350 228 London Bridge Road, Lake Havasu City, AZ 86403 (DES building)

Youth Programs:

- Coalition Youth Team (COYOTE
- Work Experience (WEX) and Work Readiness
- Basic Education/GED Preparation
- Work Keys; TABE and other assessments

YOUNG MARINES

http://www.lakehavasucityyoungmarines.org/

Young Marines is a Lake Havasu City Marine Corps League Det. 757 program.

Unit Commander Rod Determan <u>unitcommander@lakehavasucityyoungmarines.org</u> 612-207-5308. Open to boys and girls from age 8 through completion of high school, up to 20 years of age. Recruit registrations are held in October of every year. First-time fee is \$50.

Leadership qualities are made through hard work and skill building, and Young Marines teach discipline, integrity and the ability to work as a team. The Young Marines are taught the importance of teamwork, a cooperative effort on the part of a group of persons acting together as a team or in the interests of a common cause. Young Marines participate in patriotic and other events in the community They have their own Honor Guard and often present the Colors at events.

U.S. GOVERNMENT BENEFITS FOR VETERANS

Appeals http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch05.doc Board of Veteran's Appeals http://www.va.gov/vbs/bva/ CARES Commission http://www.va.gov/vbs/bva/ CARES Draft National Plan <u>http://www1.va.gov/cares/page.cfm?pg=105</u> Center for Minority Veterans http://www1.va.gov/centerforminorityveterans/ Center for Veterans Enterprise http://www.vetbiz.gov/default2.htm Center for Women Veterans http://www1.va.gov/womenvet/ Clarification on the changes in VA healthcare for Gulf War Veterans http://www.gulfwarvets.com/ubb/Forum1/HTML/000016.html Classified Records - American Gulf War Veterans Assoc http://www.gulfwarvets.com/ubb/Forum18/HTML/000011.html Compensation for Disabilities Associated with the Gulf War Service http://www.warms.vba.va.gov/admin21/m21 1/part6 /ch07.doc Compensation Rate Tables, 12-1-03 http://www.yba.ya.gov/bln/21/Rates/comp01.htm Department of Veterans Affairs Home Page http://www.va.gov/ Directory of Veterans Service Organizations http://www1.va.gov/vso/index.cfm?template=view Disability Examination Worksheets Index, Comp http://www.vba.va.gov/bln/21/Benef its/exams/index.htm Due Process http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch02.doc Dut y to Assist http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch01.doc Electronic Code of Federal Regulations http://www.gpoaccess.gov/ecfr/ Emergency, Non-emergency, and Fee Basis Care http://www1.va.gov/opa/vadocs/fedben.pdf Environmental Agents http://www1.va .gov/environagents/ Environmental Agents M10 http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1002 Establishing Combat Veteran Eligibi lity http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=315 EVALUATION PROTOCOL FOR GULF WAR AND IRAOI FREEDOM VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU)http://www1.va.gov/gulfwar/docs/DUHandbook1303122304.DOC and http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1158 See also, Depleted Uranium Fact Sheet http://www1.va.gov/gulfwar/docs/DepletedUraniumFAQSheet.doc EVALUATION PROTOCOL FOR NON-GULF WAR VETERANS WITH POTENTIAL EXPOSURE TO DEPLETED URANIUM (DU)http://www1.va.gov/gulfwar/docs/DUHANDBOOKNONGW130340304.DOC Fee Basis, PRIORITY FOR OUTPATIENT MEDICAL SERVICES AND INPATIENT HOSPITAL CAREhttp://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=206 Federal Benefits for Veterans and Dependants 2005 http://www1.va.gov/opa/vadocs/fedben.pdf OR,http://www1.va.gov/opa/vadocs/current benefits.htm Forms and Records Request http://www.va.gov/vaforms/ General Compensation Provisions http://www.access.gpo.gov/uscode/title38/part ii chapter11 subchaptervi .html Geriatrics and Extended Care http://www1.va.gov/geriatricsshg/ Guideline for Chronic Pain and Fatigue MUS-CPG http://www.oqp.med.va.gov/cpg/cpgn/mus/mus base.htm Guide to Gulf War Veteran's Health http://www1.va.gov/gulfwar/docs/VHIgulfwar.pdf Gulf War Subject Index http://www1.va.gov/GulfWar/page.cfm?pg=7&template=main&letter=A Gulf War Veteran's Illnesses Q&As http://www1.va.gov/gulfwar/docs/GWIIlnessesQandAsIB1041.pdf Hearings http://www.warms.vba.va.gov/admi n21/m21 1/mr/part1/ch04.doc Homeless Veterans http://www1.va.gov/homeless/ HSR&D Home http://www.hsrd.research.va.gov/ Index to Disability Examination Worksheets C&P exams http://www.vba.va.gov/bln/21/benefits/exams/index.htm Ionizing Radiation http://www1.va.gov/irad/ Iraqi Freedom/Enduring Freedom Veterans VBA http://www.vba.va.gov/EFIF/ M 10 for spouses and children http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1007 M10 Part III Change 1 http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1008 M21-1 Table of Contents http://www.warms.vba.va.gov/M21_1.html Mental Disorders, Schedule of Ratings http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4_130.DOC Mental Health Program Guidelin es http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1094 Ment al Illness Research, Education and Clinical Centers http://www.mirecc.med.va.gov/ MS (Multiple Sclerosis) Centers of Excellence http://www.va.gov/ms/about.asp My Health e Vet http://www.myhealth.ya.gov/ NASDVA.COM National Association of State Directors http://www.nasdva.com/

National Center for Health Promotion and Disease Prevention http://www.nchpdp.med.va.gov/postdeploymentlinks.asp Neurological Conditions and Convulsive Disorders, Schedule of Ratings http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4%5F124a.doc OMI (Office of Medical Inspector) http://www.omi.cio.med.va.gov/ Online VA Form 10-10EZ https://www.1010ez.med.va.gov/sec/vha/1010ez/ Parkinson's Disease and Related Neurodegenerative Disorders http://www1.va.gov/resdev/funding/solicitations/docs/parkinsons.pdf and, http://www1.va.gov/padrecc/ Peacetime Disability Compensation http://frwebgate.access.gpo.gov/cgibin/getdoc.cgi?dbname=browse usc&docid=Cite:+38USC1131 Pension for Non-Service-Connected Disability or Death http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapteri .html and, http://www.access.gpo.gov/uscode/title38/partii chapter15 subchapterii .html and, http://www.access.gpo.gov/uscode/tit le38/partii_chapter15_subchapteriii_.html Persian Gulf Registry http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1003 This program is now referred to as Gulf War Registry Program (to include Operation Iraqi Freedom) as of March 7, 2005:http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1232 Persian Gulf Registry Referral Centers http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1006 Persian Gulf Veterans' Illnesses Research 1999, Annual Report To Congresshttp://www1.va.gov/resdev/1999_Gulf_War_Veterans'_Illnesses_Appendices.doc Persian Gulf Veterans' Illnesses Research 2002, Annual Report To Congress http://www1.va.gov/resdev/prt/gulf_war_2002/GulfWarRpt02.pdf Phase I PGR http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1004 Phase II PGR http://www1.va.gov/vhapublications/ViewPublication.asp?pub ID=1005 Policy Manual Index http://www.va.gov/publ/direc/eds/edsmps.htm Power of Attorney http://www.warms.vba.va.gov/admin21/m21 1/mr/part1/ch03.doc Project 112 (Including Project SHAD) http://www1.va.gov/shad/ Prosthetics Eligibility http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=337 Public Health and Environmental Hazards Home Page http://www.vethealth.cio.med.va.gov/ Public Health/SARS http://www.publichealth.va.gov/SARS/ Pu blications Manuals http://www1.va.gov/vhapublications/publications.cfm?Pub=4 Publications and Reports http://www1.va.gov/resdev/prt/pubs_individual.cfm?webpage=gulf war.htm Records Center and Vault Homepage http://www.aac.va.gov/vault/default.html Records Center and Vault Site Map http://www.aac.va.gov/vault/sitemap.html REQUEST FOR AND CONSENT TO RELEASE OF INFORMATION FROM CLAIMANT'S RECORDShttp://www.forms.va.gov/va/Internet/VARF/getformharness.asp?formName=3288-form.xft Research Advisory Committee on Gulf War Veterans Illnesses April 11, 2002 http://www1.va.gov/racgwvi/docs/Minutes_April112002.doc Research Advisory Committee on Gulf War Veterans Illnesses http://www1.va.gov/racgwvi/docs/ReportandRecommendation s 2004.pdf Research and Development http://www.appc1.va.gov/resdev/programs/all programs.cfm Survivor's and Dependents' Educational Assistance http://www.access.gpo.gov/uscode/title38/partiii chapter35 .html Title 38 Index **Parts 0-17** http://ecfr.gpoaccess.gov/cgi/t/text/textidx?sid= 1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv1 02.tpl Part 18 http://ecfr.gpoaccess.gov/cgi/t/text/ textidx?sid= 1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tpl=/ecfrbrowse/Title38/38cfrv2_02.tpl Title 38 Part 3 Adjudication Subpart $A\tilde{A}\phi\tilde{A}\phi$, $\hat{A}\neg$ "Pension, Compensation, and Dependency and Indemnity Compensation http://ecfr.gpoaccess.gov/cgi/t/text/textidx?c=ecfr&sid= 1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3 main 02.tpl

Title 38 Pensions, Bonuses & Veterans Relief (also $\tilde{A}f$, \hat{A} § 3.317 Compensation for certain disabilities due to undiagnosed illnesses found here) <u>http://ecfr.gpoaccess.gov/cgi/t/text/textidx?c=ecfr&si d=</u> <u>1b0c269b510d3157fbf8f8801bc9b3dc&tpl=/ecfrbrowse/Title38/38cfr3 main 02.tpl</u>

Title 38

PART 4--SCHEDULE FOR RATING DISABILITIES Subpart B--DISABILITY RATINGS target=_blank> ab7641afd195c84a49a2067dbbcf95c0&rgn=div6&view=text&node=38:1.0.1.1.5.2&idno=38

Title 38

Ãf,§ 4.16 Total disability ratings for compensation based on unemployability of the individual. PART $4\tilde{A}\phi\tilde{A}\phi$. $\hat{A}\neg$ "SCHEDULE FOR RATING DISABILITIES Subpart $A\tilde{A}\phi\tilde{A}\phi$, $\hat{A}\neg$ "General Policy in Rating http://ecfr.gpoaccess.gov/cgi/t/text/textidx?c=ecfr&sid= 1b0c269b510d3157fbf8f8801bc9b3dc&rgn=div8&view=text&node=38:1.0.1.1.5.1.96.11&idno=38 U.S. Court of Appeals for Veterans Claims http://www.vetapp.gov/ VA Best Practice Manual for Posttraumatic Stress Disorder (PTSD) http://www.avapl.org/pub/PTSD%20Manual%20final%206.pdf VA Fact Sheet http://www1.va.gov/opa/fact/gwfs.html VA Health Care Eligibility http://www.va.gov/healtheligibility/home/hecmain.asp VA INSTITUTING GLOBAL ASSESSMENT OF FUNCTION (GAF) http://www.avapl.org/gaf/gaf.html VA Life Insurance Handbook $\tilde{A} \notin \tilde{A} \notin \tilde{A} = 3$ Chapter 3 http://www.insurance.va.gov/inForceGliSite/GLIhandbook/glibookletch3.htm#310 VA Loan Lending Limits and Jumbo Loans http://valoans.com/va facts limits.cfm VA MS Research http://www.va.gov/ms/about.asp VA National Hepatitis C Program http://www.hepatitis.va.gov/ VA Office of Research and Development http://www1.va.gov/resdev/ VA Trainee Pocket Card on Gulf War http://www.va.gov/OAA/pocketcard/gulfwar.asp VA WMD EMSHG http://www1.va.gov/emshg/ VA WRIISC-DC http://www.va.gov/WRIISC-DC/ VAOIG Hotline Telephone Number and Address http://www.va.gov/oig/hotline/hotline3. htm Vet Center Eligibility - Readjustment Counseling Service http://www.va.gov/rcs/Eligibility.htm Veterans Benefits Administration Main Web Page http://www.vba.va.gov/ Veterans Legal and Benefits Information http://valaw.org/ VHA Forms, Publications, Manuals http://www1.va.gov/vhapublications/ VHA Programs - Clinical Programs & Initiatives http://www1.va.gov/health benefits/page.cfm?pg=13 VHA Public Health Strategic Health Care Group Home Page http://www.publichealth.va.gov/ VHI Guide to Gulf War Veterans $\tilde{A}\phi \tilde{A}\phi$, $\tilde{A}\neg$ (tm) Health http://www1.va.gov/vhi ind study/gulfwar/istudy/index.asp Vocational Rehabilitation http://www.vba.va.gov/bln/vre/ Vocational Rehabilitation Subsistence http://www.vba.va.gov/bln/vre/InterSubsistencefy04.doc VONAPP online http://vabenefits.vba.va.gov/vonapp/main.asp WARMS - 38 CFR Book C http://www.warms.vba.va.gov/bookc.html Wartime Di sability Compensation http://frwebgate.access.gpo.gov/cgibin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1110 War-Related Illness and Injury Study Center - New Jersey http://www.wri.med.va.gov/ Welcome to the GI Bill Web Site http://www.gibill.va.gov/

What VA Social Workers Do http://www1.va.gov/socialwork/page.cfm?pg=3

WRIISC Patient Eligibility http://www.illegion.org/va1.html